






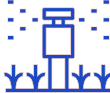



July

Monday Tuesday Wednesday Thursday Friday Saturday Sunday

				1	2 Go to a drive-in movie	3 
4 Take a drive with the windows down	5	6 Don't forget to keep training for that 5k!	7 	8	9 SUP or kayak with your pup	10
11 	12	13 Chill outside on a cooling mat	14 	15 Visit a sunflower field for a photo sesh	16	17 
18	19 Set up an obstacle course in your backyard	20	21 	22	23 Go berry-picking with your dog OR beach weekend	24 
25	26	27 Play in the sprinkler in your backyard	28	29 	30 Run a 5K with your pup	31 

Notes

August

Monday

Tuesday

Wednesday







Thursday

Friday

Saturday

Sunday

Notes

1	2	3 Enjoy an ice cream outing together	4	5 	6	7
8	9	10 	11	12	13 Visit a waterpark or local public pool.	14 
15	16 	17	18	19 	20	21
22	23	24 	25	26	27	28
29	30	31 