

chewy Puppy Walking Schedule



	TIME	DURATION	DISTANCE	NOTES
SUNDAY				
MONDAY				
TUESDAY				
WEDNESDAY				
THURSDAY				
FRIDAY				
SATURDAY				

TOTAL WALKING TIME: _____



WHEN SHOULD I TAKE MY PUPPY FOR WALKS?

Exercise and mental stimulation walks: two to three times per day

Potty training walks: start with once every 30-60 minutes

General rule of thumb: A puppy "hold time" is their age in months translated to hours—so if your puppy is 3 months of age, they can hold it for 3 hours maximum.