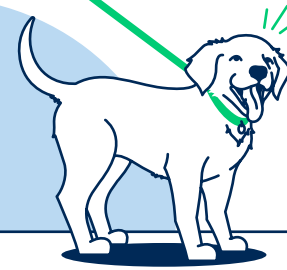


chewy Puppy Walking Schedule



	TIME	DURATION	DISTANCE	NOTES
SUNDAY				
MONDAY				
TUESDAY				
WEDNESDAY				
THURSDAY				
FRIDAY				
SATURDAY				

TOTAL WALKING TIME: _____

When should I take my puppy for walks?

Exercise and mental stimulation walks: Two to three times per day

Potty training walks: Start with once every 30-60 minutes

General rule of thumb: A puppy "hold time" is their age in months translated to hours, plus one. For example, if your puppy is 3 months old, they can hold it for four hours maximum.